BASICS OF .22 RIFLE SHOOTING WORKSHOP

SPONSORED BY THE CAPITAN HIGHPOWER RIFLE CLUB AND THE NEW MEXICO TECH SHOOTING SPORTS CLUB

COACH/INSTRUCTORS JAMES AND VIRGINIA McLEMORE

SATURDAY September 14-15, 2019, 8 AM on Sat, prone competition firing starts at 8:30 AM on Sun (see below)

CAPITAN GUN RANGE. The range is located 3 miles east of Capitan on the north side of U.S. Highway 380 (http://www.capitanhipower.com/Design/RANGEINFO.htm). Camping is OK on the Capitan Range. No water is available at this time. The following motel is available in Capitan: Smokey Bear Motel, 575 354-2253. Other lodging is available throughout Lincoln Country. On the web: [www.ruidoso.net](http://www.ruidoso.net)

FEE $15 (includes cook out on Sat and match fees on Sunday and handouts). Additional funding is provided by the New Mexico Shooting Sports Association, Civilian Marksmanship Program, Rocky Mountain Elk Foundation, and Socorro Gun Club.

All students will receive expert instruction and coaching in the fundamental principles and techniques of prone and 3- position .22 rifle shooting (i.e., prone, standing, kneeling), which will carry over to air rifle and highpower rifle shooting. Prone only shooters are encouraged to attend. Students will be provided a safe learning environment that will enhance their shooting skills and prepare them for competition. Both James and Virginia McLemore are certified NRA instructors. Virginia is a certified coach, training counselor, national champion, and holds national records in highpower and smallbore rifle. Students must be at least 10 years old. ADULTS ARE WELCOMED. .22 rifles and other equipment will be provided if requested before Thursday September 6 and subjected to availability. If you have your own please bring it. On Sunday there will be a smallbore rifle competition open to all, even if you do not attend Saturday’s classes (see below).

**WORKSHOP SCHEDULE**

SATURDAY

Welcome and distribution of handout materials

Safety and handling the .22 rifle

Training and goal setting, schedule

Preparing for competition, team competition

Rules, types of competitions

Shooters Journal

Safety and handling the .22 rifle

Firing the shot

Prone position

Standing position

Kneeling position

Adjusting sights

Wind

Competition on Sunday

COOK OUT AT COMPLETION OF THE WORKSHOP (approximately 3 PM on Sat)

COMPETITION SUNDAY, September 15, 2019 (Open to all even if they did not attend the clinic). Time 8:00.

The course of fire will consist of: 20 shots each position (kneeling, prone, standing, target A-25), Dewar course (20 shots, 50 yds, target A23-5; 20 shots 100 yds, target A-25. Any .22 rifle, any sights. If shooters want to shoot prone only course of fire is 60 shots prone, 50 yds, target A-25, plus the Dewar course. Coaching is allowed in this competition only.

NRA classification will be used (rule 19.15). Competitors will be grouped by age: novice (10 or younger), subjunior (11-14), inter. junior (14-17), junior (18-20), and adult (over 21). Less than 3 competitors will be combined.

FEE for competition if not entered in the .22 workshop on Sat $10.

For more information contact Virginia McLemore (1219 Hilton Pl, Socorro, NM 87801; phone 575-835-5521, virginia.mclemore@nmt.edu).